

Opening Hours

The school Canteen is open on Wednesdays, Thursdays and Fridays only.

How to Order

Flexischools online ordering can be used for recess and lunch orders. Just go to <http://www.flexischools.com.au/> and follow the prompts. A link to Flexischools is available on the school app and school website.

Lunches may still be ordered through the classroom lunch tray system.

Please print name, class and order clearly on a clean, paper lunch bag.

If possible correct money would be appreciated.

Recess orders should be written on a separate bag.

If a lunch bag is needed it will be supplied for 10 cents.

Due to health and safety regulations food brought from home cannot be heated in the Canteen.

Children are not permitted inside the Canteen.



Our canteen is online with Flexischools

We recommend ordering lunch online via www.flexischools.com.au to avoid hunting for paper bags and cash.

It's easy to use at home or on your smartphone.

Register online at www.flexischools.com.au and start ordering for tomorrow.





CASH FREE,
HASSLE FREE

PAY ANYWHERE,
ANYTIME

SAFE &
SECURE

About our Canteen

Our canteen runs to the standards set by the NSW Healthy School Canteen Association and strives to always provide your child/ren with fresh and healthy food options and keeping in mind the dietary needs of families.

▶ = every day healthier option

⚙ = occasional option

Volunteers Welcome

Volunteers are always needed and appreciated.

Please contact Mary Woodbury in the Canteen if you are able to help between 10am and 2pm
Wednesdays, Thursdays or Fridays.

Lutheran School Wagga Wagga

CANTEEN MENU

May 2019

▲ = every day healthier option

✿ = occasional option

Lutheran School Wagga Wagga Canteen Menu May 2019

RECESS

Made fresh daily on premises

	\$
✿ Garlic Bread	0.80
▲ Pizza	1.00
▲ Jelly (except Wednesdays)	1.00
✿ Nachos	1.00
▲ Popcorn	0.40
▲ Pikelet with jam	0.50
✿ Blueberry Muffins	1.00



ALSO AT RECESS

▲ Apple Spiral	0.80
▲ Fruit Salad	1.00
✿ Hash Brown	1.00
▲ Quelch Stick	0.50
▲ Half Quelch Stick	0.25
▲ Frozen Pineapple	0.50
▲ Frozen Orange Wedges	0.05
▲ Milky Pop	0.50



CHIPS

✿ Sea Salt Chips	1.20
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LUNCH (hot food)

	\$
✿ Sausage Roll (lite)	3.00
✿ Party Pie (lite)	1.00
▲ Spaghetti Bolognese (home made)	4.00
✿ Pizza—Ham and Pineapple	3.00
✿ Chicken Nuggets	0.60
▲ Chicken Burger (plain on a roll)	3.50
▲ Chicken Burger with Salad	4.50
▲ Hot Chicken / Cheese Roll	4.20
▲ Hot Chicken / Cheese Wrap	4.50
▲ Beef Burger	4.50
▲ Butter Chicken with Rice	4.00
▲ Macaroni and Cheese	3.50



ICE CREAM (lunch only)

▲ Juicies	1.20
✿ Moosies	1.20
▲ Milky Pop (chocolate or strawberry)	0.50
▲ Juice Stick	0.50
✿ Weis Bar	2.20



SANDWICHES (on wholemeal bread)

	\$
▲ Vegemite	1.50
▲ Cheese	2.00
▲ Salad	4.00
▲ Ham	3.20
▲ Ham and Salad	4.50
▲ Chicken	3.20
▲ Chicken and Salad	4.50
Rolls extra	0.60
Toast extra	0.30
Gluten Free Bread or Wrap extra	1.00
▲ Wrap—Salad	4.20
▲ Wrap—Chicken/Lettuce/Mayo	4.20
▲ Wrap—Ham or Chicken and Salad	4.80
▲ Fruit Salad (Wednesday/Thursday only)	4.50
▲ Salad Container—Chicken or Ham	4.50



DRINKS

▲ Water	1.30
▲ Juice (orange, tropical, orange, apple)	1.30
▲ Milk (chocolate or strawberry)	2.00
▲ Slushie (99% fruit juice)	1.80